## Part I: Skills, Knowledge and Attributes of the Professional Homeopath

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# History, Development and Current Affairs of Homeopathy

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### **Educational Standards**

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- 7 Educations programs will familiarize students with the history and development of
- 8 Homeopathy, as well as the social, economic and political forces that have influenced its
- 9 practice over the past two and a half centuries, up to and including, present day. The
- 10 programs must also introduce and place in context the philosophers, authors and activists
- that have had major influences on the homeopathic discipline and profession. Programs will
- address Homeopathy's current place in both the national and state/provincial healthcare
- landscape in terms of trends of practice in the discipline, as well as the current legal and
- political climate. Students must be taught the importance of promotion of the profession,
- and the practicalities of doing so. Programs must require student engagement within the
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- 16 community, so the importance of promoting both the practice and the profession is
- understood and, if desired, contribute as a leader in the emerging profession.

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- Curriculum includes:
- 20 1. History of medicine Hippocrates to Galen and Paracelsus;
- 21 2. History of Vitalism Paracelsus to Hahnemann;
- 22 3. History of Homeopathy;
- a. Hahnemann and his contemporaries;
- b. *The Organon* 1<sup>st</sup> through 6<sup>th</sup> editions;
- c. Familiarity with early generations of homeopathic authors;
- 26 4. World history of Homeopathy and its proponents;
- 27 5. History of Homeopathy in North America;
- 6. Familiarity with philosophers, authors and activists, as well as social, political and economic forces that have had major influences on the homeopathic discipline and profession;
- 30 7. Current affairs in Homeopathy in the US and Canada;
  - a. Familiarity with homeopathic organizations, associations and leaders;
- b. Familiarity with philosophers, authors, activists and social, political, and economic forces influencing the homeopathic profession today;
- 34 8. Current legal & political affairs in the US:
- 35 a. Affordable Health Care Act;
- 36 b. Legality of practice;
- 37 c. Categories of practice.
- 38 9. Current legal & political affairs in Canada:
- 39 a. National regulations;
- 40 b. Provincial regulations.
- 41 10. Awareness of other forms of holistic medicine:

- 42 a. Naturopathy;
- 43 b. Traditional Chinese Medicine (TCM);
- 44 c. Ayurveda;
- 45 d. Herbology.
- 46 11. National healthcare landscape (CAM):
- 47 a. Integrative medicine;
  - b. Homeopathy's place in integrative healthcare.

# Homeopathic Philosophy, Principles and Methodology

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### **Educational Standards**

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Educational programs impart a thorough understanding of the theories, principles and mechanisms of homeopathy that guide its clinical practice. Homeopathic educational programs familiarize students with a variety of approaches to attain the competencies stated elsewhere in this document, spanning a spectrum from the writings of Hahnemann to the writings and teachings of contemporary respected homeopaths. Each educational organization shall select a manner in which to accomplish this, consistent with the school's overall philosophy and culture, as well as consistent with classical Homeopathy. All students of Homeopathy will be able to weigh the benefits and limitations of many different approaches to understanding homeopathic

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### **Fundamental Concepts**

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1. Concept of health, disease and healing;

philosophy, principles and methodology.

- 2. Differences between Homeopathy, isopathy, allopathy and antipathy;
- 3. Requirements of the homeopathic practitioner, as stated in Aphorism 3 (§3) of *The Organon*
- 69 4. Concept of susceptibility and causative factors;
- 70 5. Concept of the Vital Force;
- 6. Case management according to the Law of Similars, i.e., selected remedy matches the patient's presentation;
- 73 7. Principles of Homeopathy;
- 74 8. Definition of basic homeopathic terms;
- 75 9. Concept of the core dose;
- 76 10. The single remedy;
- 11. Potency scales including X, C, D, K, LM, Q and Fibonacci.

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### 79 Symptoms and Signs

- 1. Characteristic symptoms (constant, striking, found throughout);
- 2. Strange, rare and peculiar symptoms;

- 3. Common and uncommon symptoms;
- 4. Hierarchy of symptoms;
- 5. Classification of symptoms;
- 85 6. Suppression of symptoms.

### 87 <u>Classification of Diseases</u>

- 88 1. Miasms;
- 89 2. Natural and artificial diseases;
- 90 3. Acute and chronic;
- 91 4. Etiologies;
- 92 5. Suppressed disease;
- 93 6. One-sided disease;
- 94 7. Stages of disease process;
- 95 8. Epidemics and genus epidemicus;
- 96 9. Mental and emotional diseases;
- 97 10. Intermittent diseases.

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### 99 Theory of Case Management

- 1. Primary and secondary action;
- 101 2. Evaluation of client response to remedy;
- Second remedy recommendation;
- 4. Direction of cure, as taught by Hahnemann and other homeopathic authors;
- 104 5. Obstacles to cure, as taught by Hahnemann and other homeopathic authors;
- 105 6. Management of case on all levels;
- 7. Posology-including the forms in which remedies can be given (e.g., liquid, powder, tablet, globules, inhalation, other).

108 (REFERENCE: European Guidelines for Homeopathic Education, 2<sup>nd</sup> Edition, June 2000)

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## Materia Medica

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#### **Educational Standards**

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Educational programs provide students with a thorough comprehension of the following aspects of homeopathic materia medica, including:

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118 1. Knowledge of the major writers and books from Hahnemann to the present day;

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120 2. How to compare and contrast information about remedies to appreciate what is similar and what is different about them;

- a. Using categories such as "families" (remedies grouped according to plant or mineral constituents) to bring into consideration a less used or less familiar remedy by referencing its similarities to another remedy;
   b. Performing a "differential" by identifying aspects of the materia medica that are
  - b. Performing a "differential" by identifying aspects of the materia medica that are different among several remedies that may otherwise seem to match the symptoms of an individual.

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3. How to evaluate materia medica sources. (thoroughly proven, partially proven and unproven data; data collection, editing, short cuts, etc.)

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The study of materia medica includes characteristic symptoms, disturbances and themes in the physical, mental, emotional and spiritual spheres of remedies that lead to an understanding of:

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- 1. Sources for homeopathic remedies using biology, botany, chemistry, physics, doctrine of signatures, mythology, folklore, culture, applications and use in other forms of healing:
  - a. The history, culture and behavior of the substance in the natural world;
- b. Toxicology;
- c. Pathogenesis;
  - d. Pharmacology;
- e. Nomenclature;
  - f. Homeopathic proving authors and methodology;
    - g. Clinically confirmed symptoms;
- h. Repertory rubrics;
- i. Etiology.

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- 2. Different approaches to symptomatology:
  - a. Totality of symptoms;
    - b. Individualizing symptoms ("strange, rare & peculiar");
- c. Mental/emotional (including delusions, fears and dreams);
  - d. Concomitant symptoms;
- e. Symptoms suggestive of miasmatic influence;
  - f. Organ affinities;
    - g. Pathognomonic symptoms;
  - h. Modalities;
  - Sensation and function;
- i. Acute and first aid uses;
- k. Remedy relationships (family groupings);
- 159 I. Mineral groupings and relationships, animal and botanical groupings;
- m. Chemistry/biology of the substance;
- n. Antidotes, affinities, inimicals, complementaries, remedies that follow well;

- o. Polychrests, so-called "small remedies," nosodes, sarcodes, isopathics, bacteria, fungi 162 163 and "imponderables;" p. Tautopathics, gemmotherapeutics, tissue salts and flower essences. 164 165 166 3. How materia medica applies to other approaches or aspects of remedy study: 167 a. Constitutional types; b. Essences; 168 c. Core elements; 169 170 d. Central delusion; 171 e. Central disturbance; f. Developmental stages in remedies from the picture of health through deep 172 173 pathology; g. Remedy indications for different stages of human development/stages of life; 174 175 h. Miasmatic influences and new methods. 176 4. Clinical application: 177 a. Remedy relationships; 178

  - b. Comparative materia medica;
  - c. Differential materia medica.

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5. Awareness of how materia medica is constantly evolving.

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# **Homeopathic Provings**

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### **Educational Standards**

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Homeopathic educational programs provide students with a basic understanding of the principles of and purposes for homeopathic provings.

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- Fundamental knowledge of homeopathic proving methods: 192
- 193 1. The purpose of provings;
- 2. The history of provings Hahnemann through modern methodologies; 194
- Types of provings informal/partial through Hahnemannian; 195
- Provings in relation to allopathic drug trials. 196

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- Programs will impart information covering: 198
- 1. Guidelines and protocols for provings: 199
  - a. The substance:
    - b. Natural history of a substance;
  - c. Preparation of the substance to be proven.

203 2. The structure of a proving group, including the importance of diversity among provers. 204

205 3. Posology

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- 207 4. Record keeping:
  - a. Supervisor or prover contact and frequency;
- b. Basics of data management for provings;
- 210 c. Extraction of data, including primary and secondary distinctions;
- 211 d. Collation of data;
- e. Statistical evaluation of data;
- 213 f. Converting data into old and new repertory language and materia medica.
- 214 5. Publishing the results;
- 215 6. Ethical and legal issues related to provings, including use of Institutional review boards;
- 216 7. Informed consent and blind studies;
- 217 8. Knowledge of use of placebos in provings.

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### Research

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#### **Educational Standards**

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- Educational programs provide students with a basic understanding of the principles of how to conduct and interpret both homeopathic and conventional medical research, including:
- 226 1. Philosophy;
- 227 2. Methodology;
- 228 3. Historical research;
- 229 4. Current research:
- 230 a. Clinical trials;
  - b. Basic science research documenting the action of high dilutions;
  - c. Basic science research on the mechanism of the action of remedies;
- d. Provings;
- e. Surveys of practice patterns;
- f. Critical evaluation regarding the degree of completeness of the repertory compared to proving information and clinical experience;
- 237 g. Outcome studies;
- 238 h. Case reports and case series;
- i. Research evaluating demographics, cost and efficacy of homeopathic practice through the use of surveys and other tools.

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#### Repertory 244 245 **Educational Standards** 246 247 248 General areas of study 249 1. Introduction to repertory: Purpose, history, additions and organization of repertories; 250 251 Boenninghausen's repertory (the first repertory); Kent through modern repertories, including computerized repertories. 252 c. 253 254 2. The general layout of repertories and limitations of various repertories: 255 a. Grading of symptoms/rubrics in each; b. Organization – Kent's through newer repertories; 256 c. Strengths and limitations of older repertories, especially Kent's; 257 d. Structure of various repertories; 258 e. Use the repertory in homeopathic case analysis; 259 260 f. Basic organization of each section of the repertory; g. Structure of computerized repertories including their strengths and limitations. 261 262 3. Purpose of rubrics and sub-rubrics and how they are developed and organized: 263 264 a. Common and confusing rubrics; b. Cross referencing important rubrics; 265 266 c. How to choose the best rubrics for a case; 267 d. Combining rubrics; e. Errors in rubric indenting. 268 269 270 4. Terminology and abbreviations used in the repertories, including contemporary and 271 anachronistic medical terms; 272 273 5. Ways to translate contemporary language and meaning into the language of a repertory 274 (or the materia medica) and ways to interpret the language of a repertory (or the materia 275 medica) in its historical and social context, into contemporary language and meaning; 276 277 6. Various tabulation tools – their strengths, limitations and uses: 278 a. Paper graphs, computers and other techniques; 279 b. Their use in modern practice. 280 7. Different roles of repertorization in selecting a remedy: 281 a. How to use the repertory effectively; 282

b. Different types of repertory analysis.

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285 286 287 288 289 290	8.	Inform students that, repertories, by definition, lag behind current practice and are limited in their inclusivity. Current examples include, but are not limited to women's health, transgender and gender non-conforming individuals, as well as omissions related to characteristics and symptoms unique to different skin tones and social, racial and ethnic backgrounds, as well as other social classifications and injustices, etc.				
291 292	9.	Awareness of methods other than repertorization to review and study materia medica				
293 294 295 296 297 298 299 300 301 302 303 304 305 306 307 308 309	10	<ul> <li>a. Structure (schema of Kent's Repertory, using the final general edition;</li> <li>b. Rubrics, sub-rubrics, grading of symptoms;</li> <li>c. Construction of symptom arrangement:     Timings     Sides     Sensation     Location     Modalities     Extensions</li> <li>d. Content of the main sections;</li> <li>e. Examination of specific repertory sections with pathological terms in historical context:     Generalities     Chill     Fever     Perspiration     Others</li> </ul>				
310 311 312	11.	Content and modern use of the Mind section;				
313 314	12.	Rubric definition and groupings; differentiating between similar rubrics.				
315 316	13.	. Additions to the repertory.				
317 318 319 320 321	14.	<ul><li>Different approaches and techniques of repertorization:</li><li>a. Combination and elimination;</li><li>b. Use of a repertory grid;</li><li>c. Other.</li></ul>				

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15. Computer repertorization:

Zeus, Zomeo, etc.

a. Possibilities and limitations, strategies for effective use;

b. Examples of computer programs – Complete Dynamics, HomeoQuest, Miccant, Synergy,

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329	<i>Tosology</i>				
330	Fd	ucational programs address posology in the context of both didactic and clinical training. The			
331		rriculum addresses the following topics:			
332		Thousand addresses the following topics:			
333	1.	How the client's vitality, age, onset, duration and intensity/severity of symptoms impact the			
334		selection of potency and frequency of dosing;			
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336	2.	Scales of dilution beginning with the mother tincture;			
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338	3. Models of potentization through succussion;				
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340	4.	The application of the above foundational concepts in the choice of homeopathic remedy,			
341		potency and dosage, as it pertains to the sensitivity of the individual, acute versus chronic			
342		cases, client's level of vitality, age and onset/duration of symptoms;			
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344	5.	The methods of administration of a remedy, including dry dose, liquid dose, split dose,			
345		cupping, plussing, LM in water, Fibonacci, ointment, solution, topical, inhalation,			
346		suppository;			
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348	6.	The application of sound principles regarding frequency of dosing;			
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350	7.	The identification of the appropriate circumstances for use of higher potencies. For example			
351		exact match in chronic cases, young otherwise healthy persons with acute symptoms.			
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354	Pl	narmacy in Homeopathy			
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356	Ed	ucational Standards			
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358	Ed	ucational programs prepare students to have a working knowledge of:			
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360	1.	The role of the Homeopathic Pharmacopoeia Convention of the United States (HPCUS) in			
361		publishing the Homeopathic Pharmacopoeia of the United States (HPUS) which sets			
362		standards for the manufacture of homeopathic remedies.			
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364	2.	The manufacture of remedies:			
365		<ul> <li>Difference between a manufacturing and a dispensing pharmacy;</li> </ul>			
366		b. Sources of all remedies;			

- c. Process by which remedies are made into mother tinctures according to the different
   directives in *The Organon* and in *Chronic Diseases*;
  - d. Changes in pharmacy as a consequence of different editions of *The Organon*;
  - e. Traditions of Homeopathy versus the modern commercial realities of remedy manufacture (photo chromatography).

- 3. The dispensing of remedies:
  - a. Methods of administering remedies to clients;
  - b. Scales of dynamization beginning with the mother tincture;
  - c. Different scales used decimal, centesimal, 50 millesimal, etc;
  - d. Different methods of preparation multiple vial Hahnemann; single vial Korsakoff;
  - e. Model of potentization through succussion;
  - f. Application of the concepts of dilution and succussion in the choice of homeopathic remedy potency and dosage as it pertains to the sensitivity of the individual and to his or her vital force.

## Homeopathic Case Taking

#### **Educational Standards**

The program provides the student with sequential learning opportunities to observe and take cases in a clinical setting with a wide range of pathology and stages of disease in both children and adults to prepare the student for professional practice. The program ensures that:

1. The student is familiar with case taking guidance from a diverse range of respected homeopathic authors and teachers.

2. The student learns various analytical approaches that require the gathering of different kinds of information.

 3. The student has sufficient opportunity to observe several faculty and other experienced certified homeopaths with three or more years of experience taking live cases, telehealth cases, as well as video cases (always subject to the permission of the client). During this aspect of the student's education, the mentoring homeopath will elucidate the strengths and weaknesses of how each case was taken, the ways in which case taking methods were adapted to the situation of the individual client, etc.

4. The student, alone and in a group, has sufficient opportunity to take cases in a setting mentored by an experienced homeopath who provides direct feedback on the art and

- techniques, enabling the honing of case taking skills. The client, supervisor and case taker shall be together in person or virtually for these cases.
- 5. Under the supervision of a school faculty person or school-affiliated clinical supervisor, each student shall have primary responsibility for managing a minimum of ten chronic cases, including responsibility for conducting the initial and a clinically appropriate number of follow-up appointments within the limits of the academic year and program. This shall include documenting case taking, completing repertorization, case analysis, remedy differential considerations, assessing clinical progress and fully preparing the case record".
- The student identifies and develops awareness of how conscious and unconscious prejudice may negatively influence case taking.

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- The student, through self-reflective learning materials and repeated case taking practice with feedback, acquires a thorough understanding of the way in which case taking over a series of visits forms a professional relationship by which the success of the course of homeopathic care can be managed. The course of care is adjusted as necessary.
- The student is prepared to include medical information that is provided by the client in the case record, although the types of records kept may vary depending on the practice style or licensing requirements for each homeopath. Records are to be <u>HIPAA</u> compliant and/or Canadian Personal Health Information Protection Act (PHIPA) compliant as appropriate.
- 431 9. Through reading and observing, the student acquires understanding of the nature, 432 individualization, sensitivity, confidentiality and accurate recording of information that 433 forms the setting in which cases should be taken.
- 10. The student is apprised of a range of current print and digital homeopathic journals and professional literature.
- The student will observe a wide range of cases that exemplify varying pathologies, etiologies, severity and stages of illness (acute versus chronic) in children and adults.
- 441 12. As much as possible and consistent with the school's mission, community and outreach
  442 efforts, the student is exposed to diverse clientele, for example, social groups, ethnic
  443 and cultural backgrounds, religious affiliations, sexual and gender identifications. Such
  444 diversity of exposure will allow opportunities to practice unprejudiced observation, to
  445 identify and examine their own biases, to create a therapeutic and respectful
  446 relationship with a diverse clientele.

- The student is made aware of how power differentials in the clinic may be expressed, and how to create therapeutic relationships based on equity and mutual respect.
- The student will develop the ability to explore Social Determinants of Health (SDOH) and their relationship to etiology, maintaining cause and obstacles to cure, including:
  - a. Healthy, affordable food from a conveniently located grocery store;
  - b. Safe and healthy housing and neighborhood;
    - c. Safe and healthy employment/work environment with adequate income;
    - d. Accurate health information and health literacy;
  - e. Transportation to facilitate meeting day to day needs;
    - f. Social support;

- g. Freedom from all forms of oppression and the ability to express oneself to their highest purpose.
- 14. The student will be prepared to employ the principles of trauma-informed care to create a safe, therapeutic relationship with clients. This includes education about how to integrate the following principles into interactions with clients:
  - a. Ensuring safety;
  - b. Demonstrating trustworthiness;
  - c. Working in a collaborative manner;
  - d. Focusing on client empowerment
  - e. Moving past cultural stereotypes and biases, while recognizing and addressing historical trauma;
  - f. Not insisting that any particular event, emotion, or response to a potential past trauma be divulged in any given therapeutic session;
  - g. Avoiding having clients repeatedly tell their experience of a traumatic event(s);
  - h. Assisting clients in accessing social support services, where applicable.

# Case Analysis

### **Educational Standards**

Educational programs provide progressive opportunities for students to learn and apply homeopathic principles from *The Organon* and other writings in the context of individual case analysis. Programs will provide multiple opportunities in both didactic and clinical training to examine how the professional homeopath uses the information from case taking to perform a thoughtful case analysis and case documentation, including effective repertorization, remedy differentiation, reading of materia medica, all leading to selection of a remedy and case management. The program imparts the ability to:

1. Assess the strength of the client's vital force, center of the case and susceptibility; 2. Evaluate the onset, duration and intensity/severity of symptoms; 3. Distinguish characteristic from common symptoms; recall the importance of strange, rare, and peculiar symptoms; identify complete symptoms (location, sensation, modality, and concomitant); 4. Perceive the totality of symptoms required for effective remedy selection; 5. Determine the nature of the illness in terms of acute or chronic, and analyze accordingly; 6. Assess previous and current therapeutic history/treatment; 7. Demonstrate diversity of case analysis strategies, including the ability to distinguish and articulate various management and analysis strategies, and apply them as appropriate; 8. Translate the client's symptoms into repertory language; 9. Evaluate and apply research from materia medica, provings, journals, databases, and the Internet; 10. Examine the effects of different potencies and their relevance to cases, as well as the selection of appropriate remedy frequency and method of administration (posology); 11. Identify various types of computer analysis techniques and differentiate their strengths and weaknesses; 12. Illustrate the value, limitations and use of medical reports in homeopathic case analysis; 13. Evaluate the resources available to clients, helping them assess whether they are able to make important changes in their lives that may be beneficial; 14. Consider the impact of SDOH, trauma and multi-generational trauma when conducting case analysis.

15. Fully document all aspects of the case taking, case analysis and case management

process in a manner that is consistent with community-accepted standards.

# Case Management

### **Educational Standards**

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- Programs elucidate and expand upon the multi-faceted nature of case management, including:
- 533 A. Management of the practitioner-client relationship;
- B. Homeopathic management of the evolution of the case;
- 535 C. Homeopathic management of the dynamics of the case;
- D. Case write-up, documentation and management of case records.

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The above management competencies, need to be used effectively by all homeopathic practitioners. However, the practitioner-client relationship and case record management will be influenced by the license or regulations, if any, under which each individual practices. Specific class time must be devoted to understanding how traditional case management strategies predominantly focus on Hahnemann's 4<sup>th</sup>, 5<sup>th</sup> and/or 6<sup>th</sup> edition Organon, and how those case management directives are different. At the end of the program, students will be competent and confident in understanding the reasons for the differences in clinical case management directives.

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The curriculum includes the following:

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 The student is apprised of examples of community-accepted standards of case management. These examples may come from current print and digital homeopathic journals or other sources and shall demonstrate accuracy, specificity and comprehensiveness.

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2. During clinical training, the student receives mentoring to develop and refine skills in case management and documentation. This must include client interactions, keeping appropriate case records, managing the progress of cases, and ways of finding necessary information or assistance to achieve the best possible outcome for the client.

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3. The student is exposed to guidance on case management from respected, experienced classical homeopathic authors and teachers, including but not limited to:

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a. Remedy and potency selection;

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b. Administration of remedies (low and/or high potencies, frequency);

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Acute diseases

First aid

Chronic diseases

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c. Follow-up evaluation;

570 Reaction to the remedy

	Aggravation
	Disruption
	Suppression
	Palliation
	Antidoting
	No effect, etc;
	d. Identifying changes in the vital force;
	e. Identifying "direction of cure;"
	f. Identifying "obstacles to cure;"
	g. Remedy selection, dose and repetition
	h Danimantsking of same taking and same and same analysis
	h. Documentation of case-taking, case analysis and case management.
4	The student has sufficient appartunities to everying various analysis and ease
4.	The student has sufficient opportunities to examine various analysis and case management approaches illustrating how varying strategies can require the gathering
	of different kinds of information.
	of different kinds of information.
5	The student has sufficient opportunity to observe several experienced homeopaths
٦.	managing cases, ideally in person, as well as video cases (subject to the permission of the
	client). In this aspect of the student's education, the mentoring homeopath must elucidate
	the strengths and weaknesses of the way in which each case was managed, the ways in
	which the case management methods were adapted to the situation of the client, etc.
	which the case management methods were adapted to the situation of the cherry etc.
6.	Through reading and experience, the student acquires a thorough understanding of the
	way in which attending to a case over a series of visits forms a basis for continued
	homeopathic care.
7.	Although the types of records to be kept will vary depending on the practice setting or
	professional requirements for each practitioner, the student must understand how to
	document appropriate references to medical information provided or mentioned by the
	client.
Pro	ograms will teach interpersonal skills necessary for case management, including:
1.	Practicing effective, attentive, open-minded listening skills;
2.	Practicing observation skills using all senses;
	7.

- 3. Using intuition to identify open-ended questions to facilitate a more complete understanding the client experience;
- 4. Maintaining unconditional positive regard;
- 5. Employing appropriate, effective and sensitive communication;
- 6. Managing the understandable concerns of a client who is not experiencing the level of result they had hoped for;
- 7. Maintaining appropriate aspects of the client confidentiality relationship in situations where consideration must be given to contacting outside parties, e.g., child protective services;
- 8. Managing situational issues, such as forgetting to follow through on a task for which a commitment had been made to a client;
- 622 9. Collaborating with others including, health care professionals, clients and families;
- 10. Displaying professional demeanor in dealing with clients who are unable or unwilling to pay, as well as meeting the requirement of the US "No Surprises Act," including providing quarterly good faith estimates for services.

## **Basic Health Sciences**

#### **Educational Standards**

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Accredited institutions and programs must ensure that, prior to graduation, all students have completed coursework in anatomy & physiology, as well as pathophysiology. Both courses should be equivalent to 3-credit college courses. The homeopathic institution or program may provide the coursework directly, or offer students a list of resources where the coursework may be completed. Completion of both required courses shall be documented on the student transcript.

Please Note: These two, 3-credit courses or their equivalents, do not count toward the required 1,000 hours of coursework in Homeopathy. However, discussion of anatomy & physiology and pathophysiology in the context of case taking, case analysis and the study of material medica should be considered part of the 1,000 hours of study.

Homeopathy program curriculum provides the student with a model of the human being in health and disease, including:

- 1. Basic sciences relevant to the practice of Homeopathy;
- 649 2. Human anatomy & physiology, and pathophysiology;
- 3. The nature of the conventional medical model which emphasizes history taking, diagnosis, treatment and follow-up;

653 654	4.	Purpose and significance of commonly administered diagnostic tests;
655 656	5.	Major categories of pharmaceutical medications, including their major effects and side effects;
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658 659 660	ъ.	The potential for pharmaceutical, herbal and nutritional supplement reactions, interactions, contraindications and side effects and how to access this information;
661	7	The basis and need for referral and/or consultation;
662	,.	The basis and need for referral analysis consultation,
663 664	8.	The range of biomedical referral resources and the modalities they employ;
665 666	9.	The stages of mental, emotional and physical development throughout life;
667 668	10	. Functional disorders and pathological processes related to body systems: Integumentary (skin and connective tissues)
669		Musculoskeletal
670		Gastrointestinal
671		Respiratory
672		Cardiovascular and hematological
673		Immunological
674		Reproductive (including obstetrics)
675		Urinary
676		Endocrine Neurological
677		Neurological Spacial space
678		Special senses Montal and ametional
679 680		Mental and emotional
681 682	11	. Pathognomonic and individualizing symptoms;
683 684	12	. Basic first aid techniques for effective emergency intervention;
685	13	. Disorders due to physical agents:
686		Sunburn
687		Heat stroke
688		Electric shock
689		Radiation
690		High altitude
691		Environmental pollution
692		Poisoning, influence of crude medicinal substances and comparable therapeutic
693		interventions
694		Drug abuse, nutrition, lifestyle diseases
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#### **Consumer Education in Homeopathy** 696 697 **Educational Standards** 698 699 700 The educational program prepares students who choose to offer consumer self-care education 701 classes to understand and appropriately educate consumers to: 702 Recognize the scope of practice of the four community-recognized credentials: 703 704 CCH – Certified Classical Homeopath 705 DABHM - Diplomate, American Board of Homeopathic Medicine 706 DHANP – Diplomate, Homeopathic Academy of Naturopathic Physicians RSHom(NA) – Registered, Society of Homeopaths North America 707 708 709 a. Basic level – formal or informal, first-aid, courses for consumers or home use, self-care, 710 and family care. 711 712 b. Integrative Health Care Training for Licensed Medical Provider Level – limited certificate 713 programs for licensed medical providers to integrate Homeopathy into the practice of 714 medicine within a defined scope of practice. 715 716 c. Professional, Board-certified, Practitioner Level – formal and sequential educational 717 programs, which include didactic education, clinical observation, clinical practice and 718 supervision as articulated in the standards and competencies for professional practice outlined in this document. 719 720 721 d. Advanced Level – typically integrated within formal and sequential education programs. 722 Includes advanced clinical training and supervision for professionals-in-training and/or 723 matriculated experienced professionals, as articulated in the standards and 724 competencies for professional public practice outlined in this document. 725 726 2. Understand the appropriate scope of consumer education to include: 727 a. Instruction on addressing minor, first aid and self-limiting conditions; 728 729 b. Distinction between homeopathic and non-homeopathic products; 730 731 c. Warnings advising consumers not to attempt to use complex homeopathic treatment 732 protocols that may be available online or in books to treat complex chronic conditions 733 for themselves or others without consulting with a professional practitioner; 734

d. Warnings advising consumers to avoid treating themselves or others with nosodes,

sarcodes or any remedies in high potencies;

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e. Advising consumers to seek care from a professional practitioner or licensed health care provider for chronic conditions, and whenever a seemingly minor health condition is not improving in response to home treatment;

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f. Education about symptoms for which they should seek immediate medical care;

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g. Information about more advanced pathways of study that lead to earning a professional credential.

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## **Ethics and Legality**

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### **Educational Standards**

The educational program integrates opportunities to explore ethical and professional considerations during didactic and clinical training. Students are provided resources, practical scenarios and opportunities for personal reflection on these topics. The educational program prepares students to:

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- 1. Become familiar with reliable sources of information on the legality of homeopathic practice to inform a clear and objective understanding of the national, state and local laws, as well as regulations affecting the scope of practice of a professional homeopath. The Homeopathy Practice and the Law: A Guide for Homeopathy Practitioners in the United States and Canada available on the NASH website is one resource:
- https://mcusercontent.com/99dba9b88562e2305f8d0516b/files/aab52fc5-5374-3fb6-a90f-4530b6847dee/Legal Guide for Practitioners DRAFT 11 2 .01.pdf
  - 2. Operate within the political and legal regulations/guidelines appropriate for their level of education, certification, licensure and jurisdiction of practice;
- 3. Identify and understand each element of the CHC Code of Ethics and/or the code of ethics which guides their profession;
- 4. Establish their own personal code of ethics, compatible with the code of ethics of thehomeopathic profession and that of health care professions in general;
- 5. Understand how their personal values can limit or support the successful practice ofHomeopathy;
- 6. Be able to set appropriate boundaries with clients that establish standards of behavior for the practitioner and for the client including, but not limited to, avoiding any form of sexual misconduct;
- 77. Establish appropriate ways to react to the awareness that a colleague may be impaired by alcohol, by substance abuse, or by inappropriate self-treatment, including proper ways to report such concerns to authorities;

- 8. Establish appropriate ways to react to the apparent incompetence of a colleague or situations where a colleague may be practicing outside the scope of his or her legitimate scope of practice, including proper ways to report such concerns;
- 9. Establish an understanding of how to distinguish between the legal and ethical aspects of a situation, when necessary;
- 10. Safeguard client information in all situations, particularly when using individual client cases for teaching purposes;
- 783 11. Set fees; determine refund and cancellation policies;
  - 12. Appreciate and cultivate professional and collegial relationships, including the boundaries implicit in these;
    - 13. Understand conflict of interest in terms of financial gain, including appropriate disclosure to clients, students, conference organizers and peers.

## **Personal and Professional Development**

Educational programs provide early instruction about a professional homeopath's public role, including the importance of working collaboratively to advance the profession as a whole, as well as their individual career. Foundational training encourages the expectation to seek out lifelong personal and professional development opportunities, especially through professional organizations.

798 Important areas to be covered:

- A. Personal and professional development;
- B. Practice promotion, practice management and running a business;
- 801 C. Practitioner and client relationship;
- 802 D. Speaking publicly.

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### A. Personal and Professional Development

Students are encouraged to identify their individual strengths, weaknesses and needs in relation to the following areas:

- 1. Reflective skills, including but not limited to:
  - a. Critical analysis;
  - b. Assessment;
  - c. Observation, awareness and perception;
  - d. Research and problem solving;
  - e. Organizational skills;
    - f. Self-awareness and self-management;
- g. Time management;

817		h.	Decision making;
818		i.	Awareness of personal belief systems, explicit and implicit bias awareness, e.g.,
819			awareness of attitudes toward race, culture, nationality, ethnicity, religion,
820			gender identity and sexuality.
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822	2.	Interpe	ersonal and communication skills, including but not limited to:
823		a.	Self-awareness;
824		b.	Listening skills;
825		c.	Demonstrating empathy and capacity for attunement;
826		d.	Awareness of non-verbal communication, body language, facial expression, etc.
827		e.	Demonstrating trustworthiness;
828		f.	Ability to interact respectfully and non-judgmentally with clients of all
829			backgrounds, genders and orientations;
830		g.	Appropriate use of intuition in the context of homeopathic practice;
831		h.	Self-confidence;
832		i.	Ability to communicate with a client's family members, healthcare
833			professionals, colleagues and the media.
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835	3.	Persona	al health management, including but not limited to:
836		a. Ski	lls for practitioners preserving their own health, development and well-being;
837		b. Eva	aluation of work and life balance;
838			ess management;
839			sertiveness;
840			undary setting, e.g., client-practitioner relationship, work hours, and
841			mmunication management (phone, email, text, social media, etc.);
842		f. Ide	entifying and developing personal and professional support systems.
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844	B. Pra	actice P	romotion, Management and Running a Business
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846			necessary skills for building and maintaining a successful practice, the following
847	areas	are inclu	uded in the curriculum:
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849	1.	Inform	ation about how homeopaths and other healthcare professionals promote their
850		practio	es;
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852	2.	Creatio	on of referral networks that include other homeopaths, therapists, doctors,
853			care professionals, pharmacies, etc;
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855	3.	Develo	ppment of effective presentation skills in order to deliver introductory talks and
856	· ·		es on Homeopathy;
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858	1	Regula	atory issues that include:
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- a. National and local legislation relating to the healthcare profession and the practice of Homeopathy;
  - b. In accordance with the Americans with Disabilities Act, and other national, state and local laws, human rights provisions and the CHC Code of Ethics, the professional homeopath provides care in a manner that does not discriminate on the basis of race, ethnicity, sexual preference, religion, age or gender identity;
  - c. Income tax, other taxes and VAT (Value Added Tax);
  - d. Income and expense records;
  - e. Managing bank accounts;

- f. National and local insurance or liability requirements for a practitioner; health insurance schemes for clients;
- g. Registering with a professional association;
- h. Confidentiality issues and awareness of disclosure legislation, i.e., situations in which client information must be passed on to another party;
- i. National requirements for the maintenance, retention and destruction of client records;
- National requirements for pension contributions and the personal implications of planning for retirement provisions;
- k. Business licenses by jurisdiction.

## C. Practice management and business development:

- 1. Choosing suitable workplace with regard to the physical design of the practice and client accessibility;
- 2. Maintaining client confidentiality in accordance with professional standards and the law;
- 3. Deciding hours, availability and appropriate coverage during times of unavailability;
- 4. Managing phone calls, phone messages, email, texting, social media, etc;
- 5. Setting fees appropriate to local conditions, and making clear which services are covered by the fees;
- 6. Preparing a regularly monitored business plan, including client fees, costs, salary expectations, etc;
- 7. Demonstrating non-discriminatory, affirming services to people of all races, ethnicities, religions, sexual orientations and genders;
- 8. Record keeping, including appointments, case notes, remedies considered and selected, etc;
- 9. Creating client referrals and a network for reciprocal referrals (other homeopaths, therapists, doctors, healthcare professionals, homeopathic pharmacies;
- 10. Clinical and practice audits to evaluate effectiveness;
- 11. Advertising, including business cards, targeted ads, flyers, listings in printed or web-based directories, local radio stations, newspapers, personal website, social media, etc.

### D. Time management and working hours:

- 900 1. Planning a weekly schedule including time for client visits, case analysis, client phone 901 calls and emails, sending out remedies, accessing supervision as needed, case support, 902 etc.
  - 2. Differentiating clients' demands on time, in order to give priority when appropriate, as well as set clear professional boundaries.

### E. Electronic and data management:

- 1. Data protection legal requirements;
- 2. Familiarity with repertory software programs;
- 3. Data back-up and management within jurisdiction requirements.

## C. Practitioner/client relationship:

- Booking appointments;
- 2. Managing the first contact with a client;
- 3. Succinctly describing the practice framework, i.e., intake and follow-up appointments, costs, expectations, communication);
  - 4. Tailoring case management to individual client needs;
  - 5. Providing clients with information to help them make their own informed decisions on wider healthcare and personal welfare issues, while remaining within their scope of practice.
  - 6. Providing confidential tele-medicine services to clients (including technology requirements, client connection, assessment, etc.).

## D. Speaking Publicly

Education programs include opportunities to hone public speaking skills to fairly, accurately and succinctly address topics related to the profession, including:

- 1. Information on advocacy training and media relations;
- 2. The importance of adhering to classical Homeopathy best practices;
- 3. Refraining from public speaking on topics where one's personal expertise is limited.

# **Clinical Training**

### **Educational Standards**

Clinical training is an essential requirement of homeopathic education and should be included as a main focus of the teaching program, running concurrently with theoretical studies throughout the entire course. In order to gain competence and confidence, the student must take part in the practical experience of clinical case taking, case analysis and case

management under the guidance of faculty, mentors or supervisors who meet the qualifications outlined in Standard 9 - Faculty Qualifications. The program must provide a clinical education program of sufficient volume, variety and quality to fulfill its educational purposes.

Reflective of the school's mission, community and outreach efforts, clinical training needs to provide opportunities for students to observe and take cases across a diverse caseload of clients, including various races, ethnicities, religions, social classes, sexual preferences and gender identities. Students should receive training from a variety of faculty members and clinical supervisors who meet Standard 9 qualifications. The number of faculty and clinical supervisors should be sufficient to ensure both effective instruction and safe practice. Programs need to include opportunities for students to observe and practice case-taking in a variety of formats, which may include video cases, in-person cases and telehealth cases.

The skills and attitudes needed in order to be a proficient homeopath are acquired by practicing them rigorously over time. Students should move through stages from **observation**, through **group work**, to **independent work**. Progression along the continuum of clinical training should be closely tied to and dependent upon student assessment practices and documentation of increasing competence.

 Under the supervision of a school faculty person or school-affiliated clinical supervisor, each student shall have primary responsibility for managing a minimum of ten chronic cases, including responsibility for conducting the initial and a clinically appropriate number of follow-up appointments within the limits of the academic year and program. This shall include documenting case taking, completing repertorization, case analysis, remedy differential considerations, assessing clinical progress and fully preparing the case record.

The program and study should address:

- 1. Standards for ethics, collegiality, client relations;
- 971 2. Professional demeanor;
- 972 3. Preparation of accurately written case-notes that include details of the client's initial 973 interview, case analysis, repertorization, remedy differentiation, potency consideration, 974 remedy response and progress notes;
- 975 4. Keeping confidential client records following local legal requirements;
- 976 5. Process for contact with client;
- 977 6. Process for obtaining informed consent;
- 978 7. Definition of roles student, clinic administrator, supervisor;
- 8. Relationship between student and supervisor with clear and appropriate expectations and boundaries;
  - 9. Grievance processes for both students and clients;

- 982 10. Continuity of care;
- 983 11. Assessing the preparation of case records and documentation;
- 984 12. Use of digital practice management tools;
- 985 13. Management of electronic records.

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- A training course shall offer three primary strands that conform to the approaches below:
  - 1. Clinical training in-class, giving students opportunities to observe faculty, experienced clinicians, and/or senior students carrying out consultations with clients, including opportunities to discuss the client's primary complaint and other issues that arise;
  - 2. Clinical training in small groups with a clinical training supervisor, where students increasingly assume the clinician role. Students should have significant opportunities to take cases independently under the guidance of a clinical supervisor;
  - 3. Clinical training/externships/independent practicum, one-on-one with a clinical training supervisor, where the student is in the clinician role. Students should have significant opportunities to receive direct observation, feedback and guidance from the clinical supervisor.

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Many courses include video cases and/or live cases from the beginning of the education. Students are required to practice various aspects of case taking, analysis and management on a regular basis with increasing levels of complexity and increasing degrees of autonomy. Reflective processes and regular supervision with appropriate feedback are important tools to ensure continuous honing of these skills.

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While providing the best learning opportunities for students, it is imperative that educational course providers carefully consider their responsibility to the clients throughout all stages of clinical training. This includes client confidentiality, continuity of case management and accurate record keeping, ensuring that high-quality care is given at all times.

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### Objectives

- To acquire the knowledge, practical skills, and professional ethics and attitudes essential to clinical practice;
- 1014 2. To gain experience in the application and integration of all course components;
- 3. To acquire the knowledge and skills needed in order to consider different approachesand strategies used by experienced homeopaths;
- 4. To establish an individual, flexible framework within which to develop a personal but effective approach to case work;
- 1019 5. To learn how to record clinical data and participate in clinical research;
- 1020 6. To devise personal coping strategies in response to unexpected reactions, demands and expectations of clients;
- 7. To provide a diversity of professional experiences;

8. To learn how to respond to ethical issues, both during and after the clinical intervention.

### Clinical settings

Clinical education will be most effective if it can be delivered in a variety of settings and cover a wide range of issues. For example:

- 1. Guided and structured observation and analysis of:
  - a. Faculty or experienced certified practitioners working live in a clinical setting;
  - b. Video recordings of experienced faculty or certified practitioners taking live cases;
  - c. Video recordings, or use of synchronous distance learning technology, of students in supervision taking live cases.

- Case taking and case management under supervision of experienced, certified homeopathswho meet faculty qualifications outlined in Standard 9:
  - a. Individually (preceptorship);
  - b. In a group with peer supervision;
  - c. Analysis of real and simulated client-practitioner interactions within a group setting.

3. Appropriate management of clients needing referral to conventional medicine including those with potentially life-threatening conditions.

1046 4. Hospital training with in-patient clients (where possible).

1048 5. Community settings serving vulnerable individuals (where possible).

In order to develop and refine their own skills and approach, students have opportunities to practice case taking with increasing levels of independence, based on supervisor/mentor assessment. While video cases provide a tool that allows students to observe the dynamics between practitioner and client, they cannot replace actual experience with clients.

- Students should submit comprehensive case studies recording details of the client interview, case analysis, rubrics and repertorization, remedy differentiation, remedy selection and response. Each case study should include at least two follow-up visits for each individual client. The program provides sufficient opportunities for the student and supervisor to be in the same room or use various synchronous distance learning technologies so that the supervisor can observe the dynamics of case taking by the student and provide guidance as necessary. Including clinical training throughout the program will enable the student to develop into a
- proficient, safe, confident and competent homeopathic practitioner.

## **PART IV: Delivery of Training**

 Since the last edition of this document was released in 2013, there has been wide-spread adoption of distance education and digital learning technologies in post-secondary education. Effective models for delivery of education to prepare professional homeopaths now include:

1. Fully in-person programs, with in-person didactic and clinical learning experiences;

2. Blended learning programs that integrate virtual and in-person didactic and clinical learning experiences (synchronous and asynchronous); for example, programs that offer virtual weekly classes supplemented by an annual in-person program or quarterly in-person clinic;

3. Hybrid programs that are structured in a manner such that didactic and clinical learning experiences (synchronous and asynchronous) include students who are participating in-person and students who are participating virtually;

4. Fully distance learning programs with all didactic and clinical training (synchronous and asynchronous) completed virtually and all students attending virtually.

Given the proliferation of online and digital learning tools, platforms and learning management systems, as well as the growing role that telehealth plays in expanding access to homeopathic care, schools dedicated to preparing professional homeopaths may periodically make efforts to assess the distance education and telehealth landscape and adopt new technologies and tools that support their specific school philosophy, culture and community needs.

### **Standards**

1. All schools that prepare professional homeopaths should plan, at a minimum, to expose students to the provision of homeopathic care via telehealth. This might include opportunities to observe telehealth sessions conducted by an experienced practitioner. It also might include opportunities to practice use of telehealth modalities in their own cases, or referring students to relevant best-practice resources on the provision of telehealth.

- 2. Schools that incorporate distance education should clearly delineate to prospective students:
- a. How distance learning technology will be employed in the program;

b. All technology requirements needed for full participation in the program;

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- c. Any additional costs associated with use of technology as part of the program;
- d. Resources provided by the school to promote digital literacy, available technical support to the school community, including students, faculty and staff.
- 3. Use of distance learning technologies should not be employed sporadically, solely for the convenience of students, faculty or staff, but should be used as part of an overall planned curriculum and course of study.
- 4. Institutions and programs that employ distance learning technologies shall take steps to ensure that:
  - a. All faculty are proficient in and comfortable with all aspects of distance learning and digital technology used by the program;
  - b. All students are proficient in and comfortable with all aspects of distance learning and digital technology used by the program;
  - c. Adequate tech support is available to address any issues that may disrupt educational activities;
  - d. Students attending via distance learning can notify the instructor immediately of any malfunction in the technology.
- 5. Schools that incorporate distance education should have a process in place to periodically assess whether distance learning technologies are operating as intended without technical malfunction or interruption.
- 6. Institutions and programs that employ a hybrid model that includes both in-person and distance learning students should establish policies and procedures to ensure:
  - Meaningful participation by all students, including opportunities to ask questions, participate in discussion and benefit from the full range of teaching methods employed in the classroom;
  - b. Faculty monitoring of student progress and their accessibility for students questions;
  - c. Opportunities for feedback on the use of such technologies.
- 7. Institutions and programs employing in-person, blended and distance learning technologies should routinely evaluate student achievement;
- 8. Institutions and programs employing distance learning technologies should engage in community building activities to promote a unified school community. All students, whether distance learning or in-person, should have ample opportunities to build meaningful relationships with each other, faculty, administrators and student services staff.

- 9. Institutions and programs employing distance education technologies must have processes in place to ensure that both distance-learning and in-person students receive the same academic credit. Policies and procedures must be in place to verify the identity of a student using methods such as a secure login with pass code, proctored examinations.
- 10. The institution or program must make clear in writing its practices to protect student privacy associated with the verification of student identity at the time of registration or enrollment.

## Standard 8 - Program of Study Criterion

The program of study defines a set of outcomes and competencies to be achieved at the course and programmatic level, consistent with the overarching goal of preparing students for independent practice upon graduation. Procedures exist that guide the program in ensuring student success by responding effectively to educational needs and differences, thereby encouraging program completion.

Programmatic supports are offered in terms of:

- Prompt updates on academic progress;
- Efficient and effective opportunities for student queries and coursework submissions;
- Structured remediation processes;
- An Accommodations Policy that is applied fairly and objectively;
- Adequate technology that promotes effective learning practices.

### Criterion 8.1(a) – Clock to Credit Hour Conversion

Semester hours (i.e., two semesters per year) and quarter hours (i.e., four quarters per year) shall be equivalent to the commonly accepted and traditionally defined units of academic measurement. In-class and distance education courses are measured by the learning outcomes normally achieved through 45 hours of student work for one semester credit or 30 hours of student work for one quarter credit.

- One full semester credit hour per week for a 15-week semester is 15 hours of academic engagement and 30 hours of preparation.\*
- One quarter semester credit hour per week for a 10-week semester is 10 hours of academic engagement and 20 hours of preparation.\*
- \*Academic engagement = time spent in class or clinic (a/synchronous)

  Preparation = individual time spent on course readings, study, casework.

The program's policies and procedures describe the process that is used to assign and award credit hours for courses in conformity with commonly accepted practices in higher education.

**Guideline:** The program is expected to articulate its curriculum for each academic year, identifying semesters, courses and precise clock or credit hours. A credit hour is the equivalent of 50 minutes of instruction per week for a specified term or semester.

Guideline: One academic year is defined as at least 30 instructional weeks.

**Guideline:** The program describes how it regularly assesses the impact of its academic load on students. It describes how students are made aware of how a full-time or part-time academic load is determined and implemented.

**Guideline:** If, in rare cases, translation is required for a class taught by an instructor who is not fluent in English, the program should provide for an adjustment to the class-to-credit-hour ratio to allow for the extra time needed for translation.

Criterion 8.1(b) – Program Length/Minimum Time Frame

Program length in terms of credit hours and the number of courses per semester or quarter is sufficient to enable the student to achieve the program's educational objectives and should be in accordance with commonly accepted educational practices.

**Guideline:** The minimum length of the program shall be 1,000 clock hours including a minimum of 500 hours of didactic learning and a minimum of 500 hours of clinical training. The latter includes clinical observation, case analysis, case management and significant opportunities for independent case taking, case write up and documentation, and case management, including an appropriate number of follow-up appointments, under the guidance of faculty or a clinical supervisor who meets the requirements outlined in Standard 9.

**Guideline:** The school is responsible for clearly documenting that its program aligns with the above minimum requirements for full-time and part-time students.

**Criterion 8.2 – Completion Designation** 

The program awards to each person successfully completing the professional program, a certificate or diploma in accordance with both the general practices of higher education and the requirements of individual jurisdictions.

Guideline: The preferred designation for an individual completing a course of study is a *Professional Homeopathic Practitioner* diploma or certificate. 1225 **Criterion 8.3 – Program Consistency** 1226 1227 The program must offer a course of study consistent with, and clearly related to, its 1228 mission statement and educational objectives. 1229 1230 **Guideline:** The program describes how its learning structure and course level outcomes support its stated mission related to the preparation of professional homeopaths for independent 1231 1232 practice. 1233 1234 Criterion 8.4 – Appropriate Level of Instruction The program is appropriate to an institution of higher education offering a post-secondary 1235 professional diploma level homeopathy program. The program is sufficiently rigorous in 1236 1237 breadth and depth, as well as appropriate to the education and training of homeopathic 1238 practitioners for independent practice upon graduation. 1239 1240 **Guideline:** The program describes the competencies obtained in relation to the knowledge, 1241 skills and attributes of the practitioner of Homeopathy (as defined in the **Educational** 1242 Standards and Practice Competencies for the Professional Practitioner of Homeopathy in 1243 North America document). 1244 1245 Guideline: Allocated credits are consistent with commonly accepted practice at the post-1246 secondary level of education. 1247 1248 Guideline: Program graduation requirements are adequately described and provided to 1249 students prior to enrollment. 1250 1251 Guideline: Program length and delivery mechanisms are made clear to students prior to 1252 enrollment. 1253 1254 Guideline: The program describes how its content and rigor appropriately culminate in the 1255 achievement of clearly identified student learning outcomes, including capacity for 1256 independent practice upon graduation, and the diploma or certificate offered. 1257 1258 **Guideline:** The curriculum and instructional materials are comprehensive and supported by 1259 traditional evidence, as well as contemporary scientific research and practice. Their organization and presentation reflect sound principles of learning and are offered in a 1260 1261 prescribed sequence to maximize student learning. 1262 Guideline: Programs define and engage in a regular cycle of review of the curriculum and 1263 instructional materials and modify them in line with new clinical, research or professional 1264 1265 developments and requirements, including those found in the Educational Standards and

Practice Competencies for the Professional Practitioner of Homeopathy in North America document.

**Guideline:** The program provides the requisite education and training in a manner that allows the student to master increasingly complex didactic and clinical knowledge, provides significant opportunities for independent case taking, requires students to fully write up and document at least ten independently taken cases, and includes observation and assessment of these cases by qualified faculty or clinical supervisor, as defined in Standard 8.

**Guideline:** The program describes and evaluates how it establishes a community of learning for in-class and online learning environments. The program evaluates the quality and effectiveness of that community.

## **Criterion 8.5 – Off-Campus Training**

If components of the program are conducted at external sites, academic leadership ensures that all educational components of the program are able to demonstrate the same standards as those offered at the main campus. Academic leadership is responsible for the maintenance of high standards of both educational quality and the faculty at these sites.

#### Criterion 8.6 – Use of Distance Education

ACHENA accredited programs that employ distance education clearly delineate the type and features of the distance learning technology being used.

**Note:** Teaching clinics that make use of a camera in one room and observing students in the next room via video feed or one way mirror are not considered to be using distance education technology.

**Guideline:** All curriculum and instructional materials are appropriately designed and presented for distance education. Online materials sufficiently support the curriculum and are delivered using readily available, reliable technology.

**Guideline:** Programs take steps to ensure that the faculty is fully familiar with, proficient in, and comfortable with the use of the technology for teaching purposes. Schools provide ongoing digital literacy training for faculty. Faculty oversight ensures that instructors make appropriate use of the technology available.

**Guideline:** Programs take steps to ensure that students are fully familiar with, proficient in, and comfortable with, the use of the technology. Schools provide ongoing digital literacy training and support for students. Regular and documented check-ins provide assurance that

the technology is appropriately used.

**Guideline:** Programs ensure that synchronous activities are supported by widely circulated policies and procedures to allow for meaningful participation by distance students in all classroom activities. These may include: providing sufficient opportunity to pose questions, using breakout sessions, allowing for full participation in class discussions, providing for group work, and otherwise benefiting from the full range of teaching methods generally employed in a classroom setting.

**Guideline:** Asynchronous teaching should be supported by policies and procedures. Faculty should encourage these students' engagement and monitor their progress, be accessible to effectively respond to student questions and maintain regular contact with students via phone, email or other media.

**Guideline:** Use of distance learning technologies are formally integrated into the program as an integral part of the overall curriculum planning process, as well as the course of study.

**Guideline:** Programs will evaluate online student engagement separate from in-class engagement in cases where both types of participation are available.

**Guideline:** Programs demonstrate students' ability to notify instructors or moderators immediately upon any technology malfunction. Periodic monitoring of distance learning technologies ensures proper operation as intended without technical malfunction or interruption.

**Guideline:** Community building activities to promote a unified online school community comprise a regular part of the educational experience. Ample opportunity exists for students to build meaningful relationships with each other, faculty and staff.

## Criterion 8.6(a) – Verification of Student Identity

Programs are able to demonstrate how the student who registers in a distance education course or program is the same as a student who participates in and completes the course or program and receives the academic credit.

- **Guideline:** The program has policies and procedures in place to verify the identity of a student who participates in coursework by using methods such as:
- a secure login and pass code;
  - proctored examinations;
  - other technologies for verifying student identity.

### 1348 Criterion 8.6(b) – Informing ACHENA of significant increase in student enrollment

1349 If the inclusion of distance learning into the course of study results in an increase in student 1350 enrollment of greater than 50 percent (50%), the institution or program must report this 1351 increase to ACHENA within 10 days of the increased level of student registration.

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### Criterion 8.6(c) – Informing students of additional fees for distance education

Programs employing distance learning technologies inform students during the application process of any required equipment for participating in distance learning, i.e., computer, speakers, internet access, etc. Any additional fees should also be explained as part of the application process before student enrollment.

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### Criterion 8.7 - Syllabus

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- The syllabus is prepared, distributed and filed in the program's curriculum files and must contain at least the following:
- 1363 1. The purpose of the course;
- 1364 2. Course prerequisites;
- 1365 3. Specific course objectives;
- 1366 4. Method(s) of instruction;
- 1367 5. Course requirements including due dates, e.g., papers, projects, examinations;
- 1368 6. Course assessment and grading system;
- 1369 7. Required and recommended reading lists.

1370

Guideline: The syllabus is made widely available so that faculty members and/or academic heads are familiar with the full program, enabling better integration of individual course

1373 material.

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**Guideline:** Instruction methods for online delivery must be specified.

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### **Criterion 8.8 – Clinical Training**

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Clinical training consists of clinical observation and the supervised care of clients which leads the student through gradually increasing levels of responsibility and independence in case taking and case management. These skills should grow sequentially to graduate a functionally independent practitioner. The program provides a clinical education program of sufficient length, variety and quality to fulfill its educational purposes. Programs ensure that distance learning students have sufficient opportunities for live, synchronous clinical observation of experienced clinicians or senior students taking, analyzing and managing cases in a teaching clinic.

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Guideline: The number of clinical supervisors is sufficient to ensure effective instruction of,

and safe practice by students. Students receive training from a variety of clinical faculty members.

### **Criterion 8.9 – Clinical Observation**

The program assures that each student fulfills at least 250 clock hours observing clinical practice. This may include a mix of clinical observation via use of:

- Asynchronous distance learning technologies or recorded cases of expert practitioners taking and managing cases. This category of clinical observation cannot comprise more than 100 hours:
- 2) Synchronous distance learning technology to observe experienced practitioners and senior students performing case taking and managing cases;
- 3) Live, direct observation of experienced clinicians or senior students in the school's teaching clinic.

**Guideline:** Clock hours involve active participation with a clinical instructor or client—not the time spent on analysis. Calculation of hours and credits is done in a manner consistent with current practices in post-secondary clinical training programs.

**Guideline**: Programs provide ample, meaningful clinical observation opportunities for all students.

### Criterion 8.10 – Supervised Clinical Practice

The program ensures that each student completes a minimum of 250 clock hours of direct clinical practice. The clinical training progresses in such a manner that affords students with increasing responsibility for live, independent, in-person or virtual individual case-taking, case analysis and case management with appropriate levels of supervision.

**Guideline:** Calculation of hours and credits is done in a manner consistent with post-secondary clinical training programs.

**Guideline:** Under the supervision of a school faculty person or school-affiliated clinical supervisor, each student shall have primary responsibility for managing a minimum of ten chronic cases, including responsibility for conducting the initial and a clinically appropriate number of follow-up appointments within the limits of the academic year and program. This shall include documenting case taking, completing repertorization, case analysis, remedy differential considerations, assessing clinical progress and fully preparing the case record.

1430	Guideline: Student assessment practices ensure that students are prepared for independent
1431	case taking and analysis before the student enters this level of training.
1432	
1433	Criterion 8.11 – Student Participation in Provings
1434	
1435	If programs engage in homeopathic provings, they establish clear policies and procedures
1436	regarding student participation in provings conducted by the program.
1437	
1438	Guideline: Student participation in school-sponsored provings is voluntary only, due to the
1439	potential for conflict of interest. Student agreement requires appropriate documentation via a
1440	written informed consent process that includes a clear description of the risks and benefits of
1441	participating in the proving.
1442	
1443	Guideline: A research committee consisting of academic, clinical and administrative
1444	representatives, reviews and approves each proving before it is initiated. Institutional Review
1445	Board (IRB) approval may be considered.
1446	
1447	Guideline: Student or faculty withdrawal from a proving at any time will have no bearing on
1448	their status within the overall program of study.
1449	
1450	Criterion 8.12 – Professional Competencies
1451	
1452	The program of study must lead to the professional competencies as identified in the
1453	Educational Standards and Practice Competencies for the Professional Practitioner of
1454	Homeopathy in North America and are attained through learning experiences included in the
1455	curriculum and/or approved adjunct programs.
1456	
1457	Criterion 8.13 – Continuing Education
1458	
1459	When continuing education programs and special instructional activities are offered,
1460	provision for such activities includes an adequate administrative structure, a sound financial
1461	base and appropriate facilities. Continuing education courses cannot be converted to usable
1462	hours that will meet the program's graduation requirements.
1463	
1464	Criterion 8.14 – Council for Homeopathic Certification (CHC) Exam and Rates
1465	
1466	Given that the Certified Classical Homeopath (CCH) credential is the standard for
1467	professional practitioners in our community, schools are prepared to educate students
1468	about the importance of national certification and sitting for the exam. Resources related
1469	to the certification exam are found on the CHC website at:
1470	https://www.homeopathicdirectory.com/examresources. If the program's CHC

- certification exam pass-rate falls below seventy percent (70%), ACHENA shall review the
- program to determine if it remains in compliance with the accreditation criteria.

## **Appendix 2: List of Homeopathic Remedies**

From the more than 2,000 existing homeopathic remedies, the following list of 155 remedies is recommended for initial study as the most used and useful ones. This is the study list that has been used by the Council for Homeopathic Certification for many years. The list is not exhaustive, restrictive or imperative and may be adapted to the specific environment. In addition, homeopathic practitioners should, over time, become familiar with additional remedies as they prove helpful to the management of a wider variety of cases. This list of homeopathic remedies is neither complete nor does it suggest that all the remedies listed must be taught. Some schools will teach more remedies, others fewer. For a perspective on the goals for studying remedies, see the COMPETENCIES portion of Section D – Homeopathic Materia Medica.

## **Study List of Homeopathic Remedies**

Aconitum napellus	Aethusa	Agaricus
Allium cepa	Aloe	Alumina
Anacardium	Antimonium crudum	Antimonium tart.
Apis	Argentum metallicum	Argentum nitricum
Arnica	Arsenicum album	Arsenicum iodatum
Asafoetida	Asarum	Aurum
Badiaga	Baptisia	Baryta carbonica
Belladonna	Bellis perennis	Berberis
Borax	Bromium	Bryonia
Cactus	Calcarea carb.	Calcarea fluor.
Calcarea phos.	Calcarea sulph.	Calendula
Camphora	Cannibus indica	Cantharis
Capsicum	Carbo animalis	Carbo vegetabilis
Carcinosin	Caulophyllum	Causticum
Chamomilla	Chelidonium	China officinalis
Cicuta	Cimicifuga	Cocculus

Coccus cacti	Coffea Cruda	Colchicum
Colocynthis	Conium	Crocus sativus
Crotalus horridus	Cuprum metalicum	Cyclamen
Digitalis	Drosera	Dulcamara
Elaps	Equisetum	Eupatorium perf.
Euphrasia	Ferrum met.	Ferrum phos.
Fluoric acid.	Gambogia	Gelsemium
Glonoinum	Graphites	Hamamelis
Helleborus	Hepar sulph	Hyoscyamus
Hypericum	Ignatia	lodum
Ipecacuanha	Iris versicolor	Kali bichromicum
Kali bromatum	Kali carbonicum	Kali phosphoricum
Kali sulphuricum	Kreosotum	Lac caninum
Lachesis	Latrodectus mactans	Laurocerasus
Ledum	Lillium tigrinum	Lobelia inflata
Lycopodium	Lyssin	Magnesia carbonica
Magnesia muriatica	Magnesia phosphorica	Mancinella
Medorrhinum	Mercurius corr	Mercurius iod flavus
Mercurius iod ruber	Mercurius vivus	Mezereum
Naja	Natrum arsenicum	Natrum carbonicum
Natrum muriaticum	Natrum phos.	Natrum sulphuricum
Nitricum acidum	Nux moschata	Nux vomica
Opium	Palladium	Petroleum
Phosphoric acid	Phosphorus	Phytolacca
Platina metalicum	Plumbum metalicum	Podophyllum
Psorinum	Pulsatilla	Pyrogenium

Ranunculus bulbosa	Rhus toxicodendron	Rumex crispus
Ruta graveolens	Sabadilla	Sabina
Sambucus nigra	Sanguinaria	Sarsaparilla
Sepia	Silicea	Spigelia
Spongia tosta	Stannum metalicum	Staphysagria
Stramonium	Sulphur	Sulphuric acid
Symphytum	Syphilinum	Tabacum
Tarentula cubensis	Tarentula hispania	Thuja
Tuberculinum	Urtica urens	Veratrum album
Viburnum	Zincum metallicum	

1489	Appendix 6: Signs and Symptoms Suggesting Referral to Another
1490	Medical Provider
1491	
1492	Introduction
1493	
1494	The following guidelines are provided as a sample template and are not complete.
1495	Homeopathic practitioners are encouraged to include medical providers in the healthcare team
1496	for clients. Practitioners will want to consider the severity, duration and intensity of the client's
1497	symptoms. When any symptom is of concern, appropriate referral for diagnosis and treatment is
1498	suggested along with homeopathic care.
1499	
1500	Newborns (0 – 6 weeks)
1501	
1502	Suggest that client seek medical advice without delay
1503	
1504	<ul><li>Fever &gt; 99.5 F (37.5 C)</li></ul>
1505	Unexplained ecchymosis
1506	Trouble breathing
1507	Blue skin
1508	<ul><li>Vomiting &gt; 4 oz</li></ul>
1509	Diarrhea
1510	Black stool
1511	Blood in stool
1512	• Lethargy
1513	<ul> <li>Stopped nursing/feeding</li> </ul>
1514	Skin bruising
1515	Yellow discoloration of skin
1516	<ul> <li>Passing out/loss of consciousness</li> </ul>
1517	<ul> <li>Suspected child abuse or neglect – refer to appropriate authorities</li> </ul>
1518	
1519	Suggest seeking additional medical advice
1520	
1521	Eye discharge
1522	<ul> <li>Umbilical inflammation/discharge</li> </ul>
1523	<ul> <li>Cough</li> </ul>
1524	<ul><li>Vomiting &lt; 4 oz</li></ul>
1525	<ul> <li>No bowel movement &gt; 48 hours</li> </ul>
1526	Difficulty nursing/feeding
1527	Skin rash

1528	Failure to move a limb
1529	<ul> <li>Unusual or prolonged crying</li> </ul>
1530	
1531	<u>Infants (6 Weeks – 24 Months)</u>
1532	
1533	Suggest that client seek additional medical advice without delay
1534	
1535	<ul><li>Fever &gt; 102 F (38.8 C)</li></ul>
1536	Neck stiffness
1537	<ul> <li>Passing out/loss of consciousness</li> </ul>
1538	<ul> <li>Redness of eye or around eye</li> </ul>
1539	Ear discharge
1540	Nose bleeding
1541	<ul> <li>Throat or tongue swelling</li> </ul>
1542	<ul> <li>Cough &gt; 5 seconds episodes</li> </ul>
1543	Trouble breathing
1544	<ul> <li>Excessive vomiting &gt; 8 oz in 24 hours</li> </ul>
1545	<ul> <li>Excessive diarrhea &gt; 4x in 24 hours</li> </ul>
1546	Blood or black in bowel movement
1547	Sudden or severe abdominal pain
1548	Blood in urine
1549	Balance or coordination issues
1550	Fainting spells
1551	Shaking spells
1552	<ul> <li>Sudden skin rash (&lt; 48 hours)</li> </ul>
1553	<ul> <li>Suspected child abuse or neglect – refer to appropriate authorities</li> </ul>
1554	
1555	Suggest that client seek additional medical advice
1556	
1557	<ul> <li>Prolonged fever &lt; 102 F (38.8 C), &gt; 2 days</li> </ul>
1558	Misshaped head
1559	Eye discharge
1560	Eyes not aligned
1561	Ear pain or pulling
1562	Hearing loss or concerns
1563	<ul> <li>Nose discharge prolonged (&gt; 3 days)</li> </ul>
1564	Nose discharge with odor or color, other than white/clear
1565	Sore throat
1566	• Cough > 2 Days

1567	•	Recurring cough
1568	•	Recurring vomiting
1569	•	Diarrhea < 4x in 24 hours
1570	•	Bowel movements less than once every other day
1571	•	Foul smelling urine
1572	•	Diminished urination
1573	•	Failure to move a limb
1574	•	Lump on skin, bone or other tissue
1575	•	Maternal or practitioner concerns about speed of development
1576	•	Skin rash
1577	•	Slow growth or loss of weight
1578		
1579	<u>Childı</u>	ren (2 – 10 years)
1580		
1581	Sugge	est that client seek medical advice without delay
1582		
1583	•	Fever > 102 F (38.8 C)
1584	•	Neck stiffness
1585	•	Sudden or severe headaches
1586	•	Redness of eye or around eye
1587	•	Ear discharge
1588	•	Nose bleeding
1589	•	Throat or tongue swelling
1590	•	Cough > 10 seconds episodes
1591	•	Trouble breathing
1592	•	Excessive vomiting > 4x in 24 hours
1593	•	Excessive diarrhea > 5x in 24 hours
1594	•	Blood or black in bowel movement
1595	•	Sudden or severe abdominal pain
1596	•	Blood in urine
1597	•	Vaginal discharge or bleeding
1598	•	Balance or coordination issues
1599	•	Fainting spells
1600	•	Shaking spells
1601	•	Passing out/loss of consciousness
1602	•	Sudden skin rash (< 48 hours)
1603	•	Suspected child abuse or neglect – refer to appropriate authorities
1604	•	Suicidal thoughts or attempts

Su	est that client seek additional medical advice
	D. J. (200 E (200 C) + 2 J
	Prolonged fever < 102 F (38.8 C), > 2 days
	Prolonged or recurring headaches
	Eye discharge
	Eyes not aligned
	Ear pain
	Nose discharge prolonged (> 3 days)
	Nose discharge with odor or color, other than white/clear
	Sore throat
	Cough > 2 days
	Recurring cough
	Recurring vomiting
	Diarrhea < 5x in 24 hours
	Bowel movements less than once every other day
	Persistent or recurring abdominal pain
	Foul smelling urine
	Bed wetting after 5 years of age or after becoming continent through the nig
	Pain with urination
	Joint or limb swelling
	Refusal or failure to move or use a limb
	Lump on skin, bone or other tissue
	Swelling of joint(s)
	Maternal or practitioner concern about speed of development
	Slow growth or loss of weight
	Skin rash
	Tick bites
	Excessive fears
	Prolonged temper tantrums or breath holding
Ac	escent (10 to 18 years)
Su	est that client seek medical advice without delay
	Fever > 102 F (38.8 C)
	Neck stiffness
	Sudden or severe headaches
	Ear discharge
	Nose bleeding

1645 Throat or tongue swelling • Cough > 10 seconds episodes 1646 1647 Trouble breathing • Excessive vomiting > 4x in 24 hours 1648 1649 • Excessive diarrhea > 5x in 24 hours • Blood or black in bowel movement 1650 • Blood in urine 1651 Vaginal or penile discharge 1652 1653 Prolonged or excessive vaginal bleeding 1654 Balance or coordination troubles Fainting spells 1655 Shaking spells 1656 1657 Passing out/loss of consciousness Unable to use extremity properly 1658 • Sudden skin rash (< 48 hours) 1659 • Suspected child abuse or neglect – refer to appropriate authorities 1660 Suicidal thoughts or attempts 1661 1662 Suspected drug dependency Suspected drug or alcohol intoxication 1663 1664 Suggest that client seek additional medical advice 1665 1666 Prolonged fever < 102 F (38.8 C), > 2 days 1667 Prolonged or recurring headaches 1668 1669 Eye discharge 1670 • Redness of eye or around eye 1671 Ear pain Hearing loss or concerns 1672 1673 Nose discharge prolonged (> 3 days) 1674 Nose discharge with odor or color, other than white/clear Sore throat 1675 1676 Chest pain 1677 Cough > 2 days Recurring cough 1678 1679 Recurring vomiting • Diarrhea < 5x in 24 hours 1680 1681 Bowel movements less than once every other day 1682 Foul smelling urine 1683 Pain with urination

1684	<ul> <li>Premenstrual difficulties</li> </ul>
1685	<ul> <li>Light-headedness</li> </ul>
1686	<ul> <li>Lump on skin, bone or other tissue</li> </ul>
1687	<ul><li>Swelling of joint(s)</li></ul>
1688	Back pain
1689	Skin rash
1690	<ul> <li>Slow growth or loss of weight</li> </ul>
1691	<ul> <li>Tick bites</li> </ul>
1692	<ul> <li>Excessive fears or anxiety</li> </ul>
1693	<ul> <li>Social isolation</li> </ul>
1694	<ul> <li>Report or suspicion of drug/alcohol abuse</li> </ul>
1695	<ul> <li>Purposeful vomiting or laxative abuse</li> </ul>
1696	
1697	Adult (18 – 60 years)
1698	
1699	Suggest that client seek medical advice without delay
1700	
1701	<ul><li>Fever &gt; 102 F (38.8 C)</li></ul>
1702	<ul> <li>Neck stiffness</li> </ul>
1703	<ul> <li>Sudden or severe headaches</li> </ul>
1704	<ul> <li>Passing out/loss of consciousness</li> </ul>
1705	<ul><li>Loss of vision</li></ul>
1706	<ul> <li>Ear discharge</li> </ul>
1707	<ul> <li>Nose bleeding</li> </ul>
1708	<ul> <li>Throat or tongue swelling</li> </ul>
1709	Chest pain
1710	<ul> <li>Left arm or jaw pain</li> </ul>
1711	<ul> <li>Rapid heartbeat or persisting palpitation</li> </ul>
1712	<ul> <li>Trouble breathing</li> </ul>
1713	<ul> <li>Excessive vomiting &gt; 4x in 24 hours</li> </ul>
1714	<ul> <li>Excessive diarrhea &gt; 5x in 24 hours</li> </ul>
1715	<ul> <li>Blood or black in bowel movement</li> </ul>
1716	<ul> <li>Sudden or severe abdominal pain</li> </ul>
1717	Blood in urine
1718	<ul> <li>Prolonged or excessive vaginal bleeding</li> </ul>
1719	<ul> <li>Red and swollen joint</li> </ul>
1720	<ul> <li>Sudden skin rash (&lt; 48 hours)</li> </ul>
1721	<ul> <li>Balance or coordination issues</li> </ul>
1722	<ul> <li>Fainting spells</li> </ul>

 Shaking spells 1723 Sudden weakness or numbness of extremity 1724 • Suicidal thoughts or attempts 1725 Suspected drug dependency 1726 1727 • Suspected drug or alcohol intoxication 1728 Suggest that client seek additional medical advice 1729 1730 1731 Prolonged fever < 102 F (38.8 C), > 2 days 1732 Prolonged or recurring headaches Eye discharge 1733 1734 • Ear pain Hearing loss or concerns 1735 1736 Nose discharge prolonged (> 3 days) Nose discharge with odor or color, other than white/clear 1737 Sore throat 1738 1739 Palpitations Cough > 3 days 1740 1741 Recurring cough Recurring vomiting 1742 1743 • Diarrhea < 5x in 24 hours 1744 • Bowel movements less than once every other day Persistent change in bowel movements 1745 Persistent or recurring abdominal pain 1746 • Foul smelling urine 1747 • Pain with urination 1748 1749 • Lump on skin, bone or other tissue • Swelling of joint(s) 1750 1751 Back pain 1752 Skin rash • Tick bites 1753 1754 Light-headedness 1755 Change in vision or hearing • Weakness or numbness in an extremity (not sudden) 1756 1757 Unexplained weight loss • Excessive fears or anxiety 1758 1759 Social isolation 1760 Report or suspicion of drug/alcohol abuse

Purposeful vomiting or laxative abuse

1762	<ul> <li>Persistent sad mood</li> </ul>
1763	<ul> <li>Loss of energy and motivation</li> </ul>
1764	<ul> <li>Sexual difficulties</li> </ul>
1765	
1766	<u>Pregnancy</u>
1767	
1768	Suggest that client seek medical advice without delay
1769	
1770	Same list as adults, plus the following:
1771	<ul> <li>Loss of weight</li> </ul>
1772	<ul> <li>Prolonged vomiting</li> </ul>
1773	<ul> <li>Decreased movement of baby</li> </ul>
1774	<ul> <li>Fall or injury to abdomen</li> </ul>
1775	<ul> <li>Vaginal bleeding</li> </ul>
1776	<ul> <li>Vaginal discharge</li> </ul>
1777	<ul> <li>Abdominal pains</li> </ul>
1778	<ul> <li>Sudden onset of leg swelling late in pregnancy</li> </ul>
1779	
1780	Suggest that client seek additional medical advice
1781	
1782	<ul> <li>Unable to gain weight</li> </ul>
1783	<ul> <li>Persistent nausea</li> </ul>
1784	
1785	Senior (Over age 60)
1786	
1787	Suggest that client seek medical advice without delay
1788	
1789	<ul><li>Fever &gt; 102 F (38.8 C)</li></ul>
1790	<ul> <li>Neck stiffness</li> </ul>
1791	<ul> <li>Sudden or severe headaches</li> </ul>
1792	<ul> <li>Passing out/loss of consciousness</li> </ul>
1793	<ul> <li>Loss of vision</li> </ul>
1794	<ul> <li>Ear discharge</li> </ul>
1795	<ul> <li>Nose bleeding</li> </ul>
1796	<ul> <li>Throat or tongue swelling</li> </ul>
1797	<ul><li>Chest pain</li></ul>
1798	Left arm or jaw pain
1799	<ul> <li>Rapid heartbeat or persisting palpitation</li> </ul>
1800	<ul> <li>Trouble breathing</li> </ul>
1801	<ul> <li>Excessive vomiting &gt; 4x in 24 hours</li> </ul>
1802	<ul> <li>Excessive diarrhea &gt; 5x in 24 hours</li> </ul>

1803	Blood or black in bowel movement
1804	Blood in urine
1805	<ul> <li>Prolonged or excessive vaginal bleeding</li> </ul>
1806	Red and swollen joint
1807	<ul> <li>Sudden skin rash (&lt; 48 hours)</li> </ul>
1808	Balance or coordination issues
1809	Fainting spells
1810	Shaking spells
1811	Sudden weakness or numbness of extremity
1812	<ul> <li>Suicidal thoughts or attempts</li> </ul>
1813	Suspected drug dependency
1814	<ul> <li>Suspected drug or alcohol intoxication</li> </ul>
1815	<ul> <li>Suspected elder abuse – refer to appropriate authorities</li> </ul>
1816	
1817	Suggest that client seek additional medical advice
1818	
1819	<ul> <li>Prolonged fever &lt; 102 F (38.8 C), &gt; 2 days</li> </ul>
1820	<ul> <li>Prolonged or recurring headaches</li> </ul>
1821	Eye discharge
1822	Ear pain
1823	<ul> <li>Hearing loss or concerns</li> </ul>
1824	<ul> <li>Nose discharge prolonged (&gt; 3 days)</li> </ul>
1825	<ul> <li>Nose discharge with odor or color, other than white/clear</li> </ul>
1826	Sore throat
1827	<ul> <li>Palpitations</li> </ul>
1828	<ul><li>Cough &gt; 2 days</li></ul>
1829	Recurring cough
1830	<ul> <li>Recurring vomiting</li> </ul>
1831	<ul><li>Diarrhea &lt; 5x in 24 hours</li></ul>
1832	<ul> <li>Bowel movements less than once every other day</li> </ul>
1833	<ul> <li>Persistent change in bowel movements</li> </ul>
1834	<ul> <li>Foul smelling urine</li> </ul>
1835	Pain with urination
1836	Lump on skin, bone or other tissue
1837	<ul> <li>Swelling of joint(s)</li> </ul>
1838	Back pain
1839	• Skin rash
1840	• Tick bites
1841	Light-headedness
1842	Change in vision or hearing
1843	Weakness or numbness in an extremity (not sudden)
1844	<ul> <li>Unexplained weight loss</li> </ul>

1845	•	Excessive fears or anxiety
1846	•	Social Isolation
1847	•	Report or suspicion of drug/alcohol abuse
1848	•	Persistent sad mood
1849	•	Loss of energy and motivation
1850	•	Sexual difficulties